

# SOULWORK – ENERGY IN MOTION WITH SALLY ADERTON

**September 8 – 11, 2016**

**Earthstar Retreat Center – Norwood CO**

*Retreat into timelessness by savoring the present moment! Gather insights from the past, plan & vision for the future, while reveling in the celebration of the now in the splendor of the Rocky Mountains.*

Spiritual/intuitive development, meditation, introspection, yoga, healthy food, rest & creative activities – all in the grace of nature with this invitation to deepen the ability to listen to the inner wisdom inside and deepening the awareness of all life around while in the company of like-minded souls.

**Fee for the retreat is \$595\***

*\*including meals, snacks, accommodations, workshop classes & art supplies*

The retreat is limited to 18 people so reserve quickly not to miss this opportunity to commune deeply with the wild in the nature that will surround you and the wild of the spirit of creation inside of you. Feel free to invite your community!



*Sally Aderton, MA Naropa, owner of Intuitive Arts & Sciences, is a Post-Technological Mystic with 30+ years of experience as a transformational Healer, Spiritual Direction Coach, and Small Business Marketing Consultant. Combining her skills of deep listening, creative panache, and critical thinking allows her to help individuals and organizations from the inside out. Thriving between the worlds of the mundane to the mystic, She facilitates more inspired action, deeper compassion, fulfilling relationships and the joy of living life with clear purpose. As an Entrepreneur, author, speaker and seminar leader Sally has made a difference worldwide by being in service to other's and by the courage to be her authentic self. On a personal note, Sally does believe that The Hokey Pokey, is, what it's all about!*

**As we heal ourselves, we heal the world. ~ Sally Aderton**

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Contact Sally with any questions or to register: 510-908-7319 or email  
For more information on Earthstar click [www.EarthStarRetreatCenter.com](http://www.EarthStarRetreatCenter.com)



Join Sally's Mailing List!

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